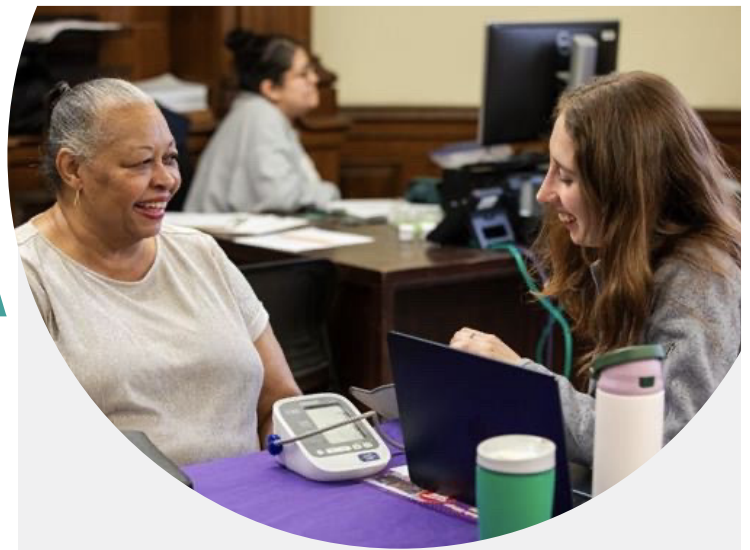


2025 Impact Highlights

At Wellness West, we envision a thriving, healthy West Side of Chicago where healthcare and social services are accessible to those who need them most.

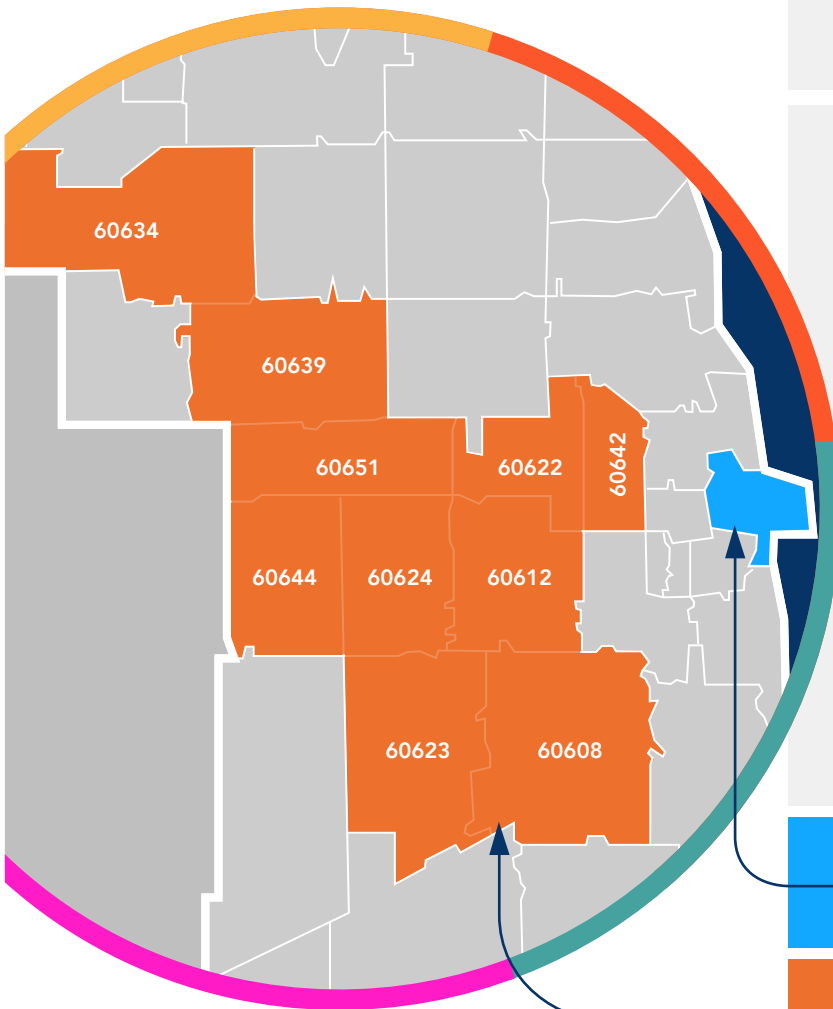
Wellness West brings together 6 hospitals, 15 health centers, 4 mental health centers, and 20 community-based organizations across ten West Side zip codes.

Our strength is rooted in strong interagency alignment, powered by a highly collaborative and integrated team. More than 150 Community Health Workers (CHWs) serve as trusted advocates and navigators, bringing lived experience, deep community understanding, and meaningful connection to every interaction. The results of all this effort are highlighted in this document. Wellness West is saving lives.



“ Life expectancy should not be dictated by geography. We confront systemic inequities by ensuring West Side residents have access to coordinated care, critical resources, and respectful, person-centered support. ”

Kimberly E. McCullough-Starks
Chief Executive Officer



Our Impact

The West Side faces a 15.9-year life expectancy gap compared to the Chicago Loop. Wellness West is addressing the root causes and driving measurable results. Wellness West works every day to address these inequities. And it's working.

In 2025, hypertension and diabetes control rates exceeded state benchmarks, behavioral health readmissions declined, and interventions addressing social needs such as housing reduced emergency department visits.

Together, we make wellness possible on the West Side.

Average life expectancy of Chicago's Loop

87.3
years

Average life expectancy of West Side communities

71.4
years

Our Approach to Serving the West Side

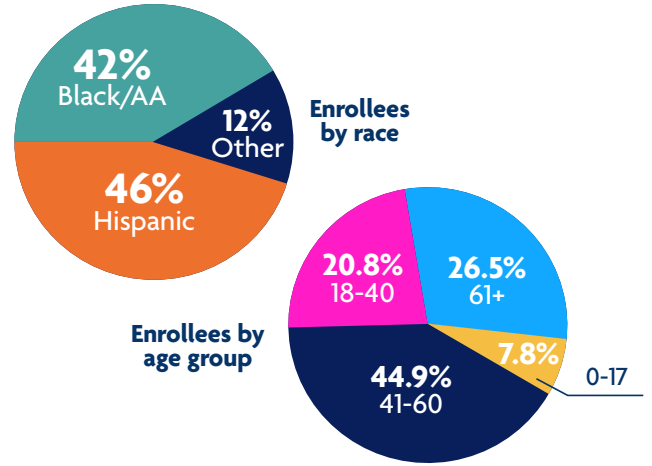
Our Collaborative Care Model delivers in-person services through trusted community agencies, staffed by providers who reflect the West Side community.

Our model:

- Integrates community health workers into local care teams
- Screens for health-related social needs
- Supports care for chronic medical and behavioral conditions
- Focuses on uninsured and Medicaid-eligible residents
- Coordinates care across hospitals, ambulatory providers, and community organizations

Through culturally responsive care and resource navigation, residents connect to the right resources at the right time and place.

Client Demographic Snapshot



Results



Mission Moment

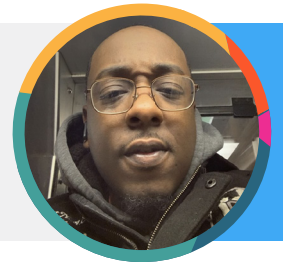


Gloria

Gloria faced prediabetes and hypertension. With support from PCC Wellness and Wellness West, including remote patient monitoring, nutrition guidance, and Instacart produce deliveries, she improved her health, stayed committed through setbacks, and now passes those habits on to her family and grandkids.

Ramone

After a childhood marked by instability, Ramone faced severe depression. Through coordinated support from North Lawndale Employment Network and Tapestry 360, he received counseling, employment and housing assistance, and Instacart services, helping him regain stability and move forward with purpose.



Esperanza

For years, Esperanza struggled with diabetes and hypertension. With support from a Community Health Worker at Alternatives and coordinated care through PrimeCare Health, she received medical guidance, nutrition support, Instacart services, and essential resources. Today, she is healthier, more confident, and hopeful about her future.



To Learn More:

wellnesswest.org



CONNECT WITH US: wellnesswest@mhnchicago.org

FOLLOW US:

